

BRINDLE CUCKOO WALKS

Saturday 16th April 2011

As Easter is very late this year we have decided to bring The Cuckoo Walks forward slightly to Saturday the 16th April and we hope you will be able to join us again for this enjoyable annual event. Mike McGovern has decided to step down from his involvement with the walks after some seven years since they started. I'm sure we are all very grateful for the considerable efforts he has made over the years and his dedication in ensuring the success of the event. We also have to thank him especially for designing most of the walks which we are still using. I hope that he will be joining us as a walker in April, so he'll probably be keeping a close eye on me/us to make sure I/we maintain the high standards that have been set!

In order to be able to divert any profits to charitable or other worthy causes, some of the administrative arrangements have changed and this is reflected in the slightly higher registration fees and change of payee, which now becomes *Brindle Cuckoo Walks*. It has been decided that any profits this year will be shared between Brindle St James' Restoration Fund and Derian House Children's Hospice.

You can find out more general information about the walks by visiting the Brindle Community Hall web site (www.brindlecommunityhall.co.uk), but as far as previous walkers are concerned the format remains much the same. All walks other than the 24 mile trail will be led, swept and marked where appropriate and the refreshment arrangements will be as usual.

The 3 mile walk: This was reintroduced last year and was very successful and enjoyed by the younger children and toddlers in particular.

The 6 mile walk: This is a similar, but slightly shorter route to last year through the delightful, undulating countryside in and around Brindle visiting Withnell Fold, Brimmicroft and Riley Green.

The 9 mile walk: This is a modified version of the route of last year's walk visiting Brindle Lodge, Hoghton, Riley Green, Brimmicroft and Withnell.

The 12 mile walk: This is a modified version of last year's walk, but again visits the moors above Brinscall via Heapey, White Coppice and Great Hill returning via, Brinscall and several local 'Folds'. It has significant uphill bits, but anyone with a reasonable level of walking fitness would find this walk suitable. Also included on the route sheet is a diversion which avoids going on the Moors if the weather is unfavourable. A decision will be taken on the day if this is to be used.

The 24 mile walk: This is over a demanding route with over 3,600 feet of ascent. It visits the high, wild West Pennine Moors and its edges and is suitable for fit and experienced walkers. There will be a walk leader but participants must be self-sufficient in food, drink and back-up for the duration of the walk. Each walker must have a map covering the area, a compass and be able to use them both or be with someone who can. You may think that you know the West Pennine Moors, but this walk could show you some less familiar places.

Please read the rules and information on the entry form attached below and in particular note the risk assessment details displayed in the Hall and on the Community Hall website and the risks highlighted on the route sheet which are specific to your chosen walk.

Use of the internet last year was very successful and we now have e-mail contact details for more than 150 walkers.. So if you can, please continue to use the e-mail address below to respond, but we will of course use the post for those who do not have an e-mail account.

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There are five circular routes of various lengths, all starting from the Community Hall in Water Street, Brindle. For more general information please visit the Brindle Community Hall website (www.brindlcommunityhall.co.uk).

- VENUE:** Brindle Community Hall, Water Street, Brindle, Chorley, PR6 8NH. GR 600243
- TIME:** 24 miles (led)..... Registration 0730 to 0750 hrs Walk starts at 0800 hrs
3, 6, 9, and 12 miles (led and swept)..... Registration 0900 to 0950 hrs Walks start at 1000 hrs
- EQUIPMENT:** Entrants are expected to carry a map, compass, whistle and a first aid kit. The conditions are likely to be wet underfoot and stout footwear is recommended. All entrants should carry or wear waterproof clothing. Carrying food and water is worthwhile on the longer walks.
- REFRESHMENTS:** Complimentary tea or coffee will be available at registration.
A wholesome hot meal with drinks, included in the entrance fee, will be provided for all participants on completion of their walk and hot and cold drinks will be available around the mid-way of the 3, 6, 9 and 12 miles walks. There will be no refreshments or checkpoints provided for the 24 mile walk, where entrants are expected to be self-sufficient and also comply with any request from the walk leader.
- RETIREMENTS:** Any retirements must be at refreshment stops and the refreshment stop organiser notified of your intention.
- EMERGENCY RISK ASSESSMENT** An emergency telephone number will be available for use on the day.
You **must** read the Risk Assessments which have been completed and will be displayed in the Community Hall before you set off. In addition specific risks are highlighted on each route sheet.
- RULES:**
1. Entrants must comply with the instructions of the organisers.
 2. All participants must keep to the prescribed route.
 3. All participants must abide by the Country Code.
 4. Family participants must walk together and retire together. Regretfully **DOGS ARE NOT** permitted
 5. The organisers and owners of the land used on the walks cannot be held responsible for any injury, loss, or damage caused or sustained by participants during the walk.
 6. All entrants under 16 years of age must be accompanied by a fee paying adult.
- ENTRY FEES:** **Under 11 - Free Under 16 - £5-50 Over 16 - £7.00**
Family (2 adults and children aged between 11 & 16) - £21-00
Entries on the day - £14-00 each. Apply for entry before 0915hrs...
- ENTRIES:** Please enter by Tuesday 12th April 2011. Entries cannot be accepted on the day for the 24 mile route.

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ENTRY FORM: – PLEASE COMPLETE A SEPARATE, LEGIBLE ENTRY FORM FOR EACH ENTRANT.

SELECT WALK DISTANCE :3,6,9,12,24.....miles. Vegetarian meal, please.....(tick if required)

NAME: TELEPHONE NUMBER:

ADDRESS: CAR REGISTRATION:

e-mail ADDRESS:

Please enter me for the BRINDLE CUCKOO WALKS on Saturday 16th April 2011. I enclose the relevant entry fee. I have read and agree to abide by the rules of the event, the risk assessments and the Country Code. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

Signed..... If under 16, also to be signed by the accompanying fee paying adult: - signature

ALL ENTRIES WITH FEE (cheques payable to BRINDLE CUCKOO WALKS) BY POST TO: -

Eric Hindle, Holly Bank, Preston Old Road, Riley Green, Hoghton, Preston. PR5 0SL Tel: 01254 201747

email: - cuckoowalks@btinternet.com

Your email address will be used to acknowledge your entry and send you a route sheet which you should print and use on the walk day. Alternatively, if using the post PLEASE ENCLOSE A 9"x 4" SAE for the same.